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- Mallow 2nds V Highfield, Sunday 11th @ 12.00 in Parkadillane
- Mallow 1sts V Scarriff away in the Towns Challenge Shield

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MALLOW RFC NEWS

SEPTEMBER 2011

Mallow Rugby kicks off the Season

Last weekend Mallow Rugby kicked off with a number of activities to get players on the move. **Club Chairman Frank Nyhan** complemented the Juvenile committee on a successful open day in Parkadillane.

Huge Turn Out For Mallow Juveniles.

The Juvenile section of Mallow Rugby club had an open day on Saturday morning and to their pleasant surprise had a HUGE turn out. "We are thrilled with the response" said John Sweeney Chairman of the Juvenile section. Over 300 people turned up on the open day. The numbers were so large that we have to take another Open Day next week, at 10am in Carohkeel, past the Aldi shop in Summerhill.

"Next week every school will be revisited and leaflets given to all the boys and girls. Rugby is a game for everyone and we welcome everyone who is interested



Mallow RFC

in having fun, getting fit and making friends".

John Sweeney has been quick to praise the Trojan work of all the underage coaches who have put in time and effort into training the youth of Mallow. "The coaches are fantastic, they give up their time every week to train young players". "The girl's teams in Mallow have become very popular as it is a great way of keeping fit during the winter. There are a lot of Tag Rugby competitions during the summer. The girls gener-

ally are far better than the boys at Tag Rugby".

The next Open Day is on at 10am in Carohkeel, past the Aldi shop on Sept 10th "All are Welcome".

"If you are coming on your own, don't be apprehensive as you will be in a team and have 20 new Friends with 5 minutes". **Mallow 2nds Player Conor O Donovan is the senior players stand out player against Cork Transport. Conor gets a free pass to Chasers every Tuesday night. Well done Conor.**



Mallow under age players enjoying the open day





Want to play adult rugby, contact :
Michael Lynch
 087-4124734

Neil Lucey
 087-7763545

**DON'T FORGET TO
 PAY YOUR CLUB
 MEMBERSHIP**

2nds progress to next round of Dennehy Cup

Mallow 2nds had a convincing victory over city side Cork Transport in the opening round of the Dennehy cup. Led by captain Darragh O'Brien the young North Cork side opened the scoring with a fine try by winger Anthony Bull. From a lineout on Transport's ten yard line, the Mallow pack mauled towards the posts & moved the ball wide for last season's under nineteen player to touch down in the corner. Ten minutes later the only veteran on the Mallow squad Davy O'Leary touched down with his pack driving him over.

Mallow went into the half time break ten points in the lead but probably should have scored more considering the possession they had. Two Mallow substitutions after the break at ten & fifteen had an immediate impact on the game. Bill Myers, only back from a long term injury slotted into the out-half berth with ease and soon had Mallow on the scoreboard. Ten minutes into the second half Mallow were on the attack on the opposition twenty two when Myers popped a ball in behind Transport's winger to send Mallow's second row

Conor O'Donovan over the line for the home side's third try. Transport nearly breached the Mallow defence twice throughout the game and on both occasions in the second half substitute full back Leo O'Regan pulled off two outstanding tackles to keep the opposition scoreless. Mallow were penalised for killing the ball at the breakdown with ten minutes to go. Fortunately for the home side the Transport out-half could not capitalise. Myers had the final say with five minutes to go when he dummied a pass inside Transport's twenty two to scramble under the posts. The out-half converted his fine try and Mallow ran out comfortable winners twenty two nil.

MALLOW RFC 2nd XV: T Fox, D O'Brien (cap), D Butler, N Sexton, M Downey, B Lenihan, P Leahy, O White, E Twomey, A Burn, C O'Donovan, M O'Connor, T Healy, B McMahon, D O'Leary. Subs: B Myers, C Barry, L O'Regan.



1st XV loose out by a point 12—13 to Kinsale

Mallow first fifteen had a mixed performance with coach Robbie Doyle testing his players in a number of positions and partnerships. Mallow fielded another young side with all players bar one coming through the juvenile ranks of the club. The home side started strongly, opening the scoring with an unconverted try by full back Dave Walsh, but struggled at the breakdown against a much heavier Kinsale pack. It was Walsh's first start at full back & he read the move well, coming into the Mallow back line on the Kinsale twenty two. The number fifteen broke two tackles to score in the corner. The game was started, stop with Mallow being penalised on numerous occasions at the breakdown, something the North Cork side will have to address. The young side also failed to capitalise on their strengths out wide, having a much sharper and skilful back line. Kinsale were scoreless at the break with Mallow leading five nil. Mallow again opened the scoring in the second half with a fine individual try by captain on the day Sam Holt. The scrum half made a dynamic break from a scrum ten metres from the Kinsale line and darted over under the posts. Out half Michael O'Flynn converted. But Mallow sustained a number of injuries in the final quarter and lost their shape. Kinsale took full advantage and ran in two unconverted tries & a penalty to run out winners thirteen points to twelve. Coach Doyle was pleased with his charges considering this was their first outing.

Mallow 1st XV: C O'Regan, D Lucey, R Roche, B Ward, J McCaulliffe, D O'Callaghan, T Costello, G Kelly, S Holt (cap), M O'Flynn, M Sweeney, R Weedle, A Barrett, L Brown, D Walsh. Substitutes: L O'Regan, R McCarthy, P Leahy, F Thornton.